

Tuesday, February 23, 2010

Matthew 6: 7-15

In praying, do not babble like the pagans, who think that they will be heard because of their many words. Do not be like them. Your Father knows what you need before you ask him.

I chose that reading out of the three readings for this day because I can never hear or read this Bible verse enough. Today's world makes us believe that we can control everything and that we are in charge of everything. However, we are not the ones who are in charge, only God is. We forget that too many times.

When I look back at my life, I am amazed to see how much God has always been present every step of the way. Many times we are disappointed because we don't get what we think we need. That is not it, though. We are the ones who don't always know what we need but God does know. We must have faith to accept what happens. We need to strive for more inner peace with the knowledge that our Father knows what we need before we even ask Him.

When was the last time something unexpected happened and you were able to accept it even though it was not what you thought you needed?

*Dear God, please help us achieve and maintain the inner peace
flowing from the knowledge that You will always take care of us
and know what is best for us.*

Amen.

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